

# Mantua Basketball Coaches' Meeting

# Objective:

Provide a positive and constructive environment for the youth of our community to learn to play and enjoy the game of basketball

# Goals:

Provide instruction on the fundamentals of the game, promote sportsmanship, team play, self-discipline, and fair play

*“Coaches, players, as well as parents and fans, must conduct themselves in a manner reflecting these goals.”*

# Mantua Basketball is a Volunteer Run League

- Coaches
- Referees
- Volunteer Building Directors
- Scorekeepers and Scoreboard Operators

# Volunteer Building Directors (VBDs)

- Ensuring the proper and safe use of athletic facilities during all practices and games
- Responsible for the supervision of players and spectators; interpreting rules and ensuring compliance; and for properly reporting all accidents and damage
- Become certified by watching a VBD training video and completing an online application and certification test
- Groups that do not provide VBDs during gym use are required to use country-provided building directors at a cost of \$12.12 per hour
- *All coaches and at least one parent per team must become certified*

# Respect for Officials

- Coaches WILL respect the decision of the referees and set a good example for the players and parents.
- A coach or parent WILL NOT approach a referee with the intent of arguing a call.
- In the case of a correctable error, a time out must be called prior to the next dead ball by either team.
- It is the responsibility of coaches to control their assistant coach(s), players, and parents and guests of the players.

## NBA Referees

Paid employees

Years of experience

3 referees per game

Instant replay

Nameless heathens

## Mantua Referees

Volunteers

0–5 years' experience

2 referees per game

No instant replay

***Your friends and neighbors***

# Practices

- 1 hour, once per week
- Half court
- Practice time is short; be courteous of other teams
  - Stay clear of the courts (including side baskets) until your practice begins
  - Leave the court promptly when your practice time ends
- Coordinate changes with other coaches, *inform the league scheduler*

# Practice Tips

- *Have a plan!*
  - Example:
    - Warm up
    - Fundamentals practice/drills
    - Offense and defense walkthrus
    - Scrimmage
- *Have fun!*



# Games

- 1 game per week (Saturdays/Sundays)
  - Home bench on the left (stage); visitors bench on the right (scoreboard)
- Four 6 minute quarters
- 1 minute between quarters 1/2 and 3/4; 3 minute half-time
- Jump ball to start the game; possession on all remaining quarters
- Three 1 minute time outs per team; no more than 2 per half
- 2 minute overtime, if needed and if time permits

# Player Participation Requirements


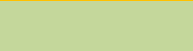

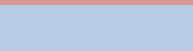
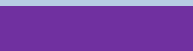
## Games:

- 7 or 8 team members – each player must play at least 2 uninterrupted quarters and must sit for at least 1 whole quarter
- 6 team members – each player must play at least 3 uninterrupted quarters
- Substitutions - quarter substitutions only, with the following exceptions:
  - Player injury
  - Player fouls out
  - During the 4<sup>th</sup> quarter, “in an effort to equalize playing time”

## Season:

- Coaches will, to the best of their abilities, equalize the playing time of ALL players over the course of the season

		Jennie	Sam	Emma	Elizabeth	Suzanne	Christine	Kim	Stephanie	
Game 1	12/2/2017	3	3	3	3	2	2	2	2	20
Game 2	12/15/2017	2	2	2	2	3	3	3	3	20
Game 3	1/6/2018	3	3	3	3	3	3	3	2	23
Game 4	1/12/2018	2	2	2	3	2	3	3	3	20
Game 5	1/13/2018	3	3	3	2	3	3	3	3	23
Game 6	1/16/2018	2	3	3	2	3	2	2	3	20
Game 7	1/20/2018									0
Game 8	1/25/2018									0
Game 9	2/10/2018									0
Game 10	2/17/2018									
	Total:	15	16	16	15	16	16	16	16	

	Injury
	Absent (counts as 3 quarters)
	Missed Practice
	Fouled Out
	Late Arrival/Early Departure

# Special Rules

- Defense
  - Man-to-Man Defense
    - 3/4 Boys, 3/4 Girls, : REQUIRED, with exceptions -
      - Ball handler in the lane
      - “Help Defense”
    - 5/6 Boys, 5/6 Girls: Strongly encouraged
  - Backcourt Defense
    - 3/4 Girls: Prohibited
    - 3/4 Boys:
      - Permitted for live ball, except if defending team leads by 11 or more;
      - Permitted for live or dead ball last 2 minutes of the game
    - 5/6 Boys, 5/6 Girls: Permitted, live or dead ball, except if defending team leads by 11 or more
    - Clarification: any dead ball throw-in from the frontcourt will be treated as FRONT COURT presence so any ball thrown into the backcourt is not restricted to the offensive team only

# Special Rules

- Offense

- Repeated Isolation Offenses and Stalling Offenses are prohibited (all divisions)

- Lane Violations

- 3/4 Boys, 3/4 Girls: 5 seconds

- 5/6 Boys, 5/6 Girls: 3 seconds

- Free Throws:

- 3/4 Boys, 3/4 Girls:

- Free-throw line **2-feet** forward of regulation line

- players are not permitted to release into the lane or past the 3-point line until the ball hits the rim or backboard (all divisions)

- **5/6 Boys, 5/6 Girls:**

- **Players allowed to enter the lane upon release of the free throw**

Questions?